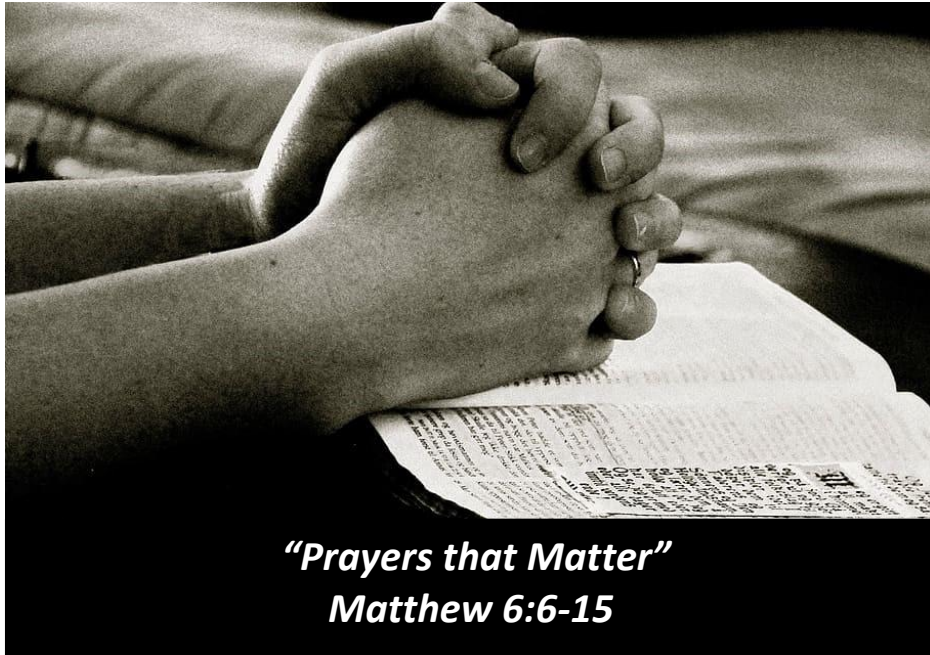**Sunday – June 8, 2025**
New Series: "The Flourishing Life"

"Prayers that Matter"
Matthew 6:6-15

Prayer. We say it is foundational in our faith development, and yet so many struggle. We don't pray enough, don't know how, when, where, what, if- we have so many questions about something we all have the privilege of doing. What is this so? What hinders me from a vibrant prayer life? What does Jesus have to say about prayer that can help me today?

Key Verse: "But when you pray, go into your room, close the door and pray to your Father in secret. Then your Father, who sees what is done in secret will reward you" (Matthew 6:6).

In this "God first" chapter, Jesus turns our attention to prayer. Read *Matthew 6:6-15*. What has been my experience with this prayer by Jesus? How has it been a part of my spiritual life in the past?

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Read *Matthew 6:6* again. Do I have a quiet place that I go to in prayer? Where is it? How often do I go? How long am I there when I do? What promises does God make to me when I pray?

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Read *Matthew 6:9-13.* What is the pattern for prayer Jesus gives? How is this different than my typical prayer life?

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What is the relationship Jesus emphasizes here that we have with God? How does my picture of God influence my prayers?

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V10 talks about God's kingdom. How much of my prayer life is about God's kingdom vs. my needs? _____

Read verses 11-13 again. What does Jesus teach us about what to pray? How do these verses reflect my habits, needs in my prayers?

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Jesus teaches we should be praying daily for food, forgiveness, and freedom. How do these things compare to my daily prayer list?

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Read *Luke 12:28* and *Hebrews 10:12-14*. How do these verses give me confidence in my prayer life?

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It has been said that prayers can move mountains. What mountains am I asking God to move today? Do I pray as if I believe that He can?

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After reading these verses, what is on my prayer radar today?

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THIS WEEK:

➤ To whom am I praying? How often? Why?

➤ How can my prayer life change knowing who is listening, and what God wants to do for me and with me?