

Sunday – January 25, 2026 – “Keep Moving Forward”



“One Step at a Time” Psalm 37:23-24

What’s your five-year plan for your life? Do you even have a one-week plan? Whether it is in our everyday life, or even our spiritual life, many would say that trying to plan for five years is not possible, that they are doing their best just to plan for the end of the week. We sometimes think that if God were to just give us the picture for our lives for five years at a time it would be so much easier. Would it? Would I be willing to do something today knowing I would not see the results for five years? Do I even want God as a part of that process?

Read through *Psalm 37* twice. What words, phrases stand out to you, especially when you think of living one day at a time with God?

GOD _____ **ME** (*Psalm 37:23*)

Read *Proverbs 4:17* and *Isaiah 30:21*.

- God _____ each step
- God leads by _____, not leaps
- We walk by _____, not full understanding

Where have you seen God lead you one step at a time rather than all at once? What has been the result?

What has my attitude been when I walk one step at a time? _____

GOD _____ **ME** (*Psalm 37:24*)

- Stumbling is _____, not optional
- Failure is _____, not final
- God’s grace meets us in our _____

Read *Psalm 51:10-12*. How does David’s heart in his stumbling set him apart from me? How is it helpful?

GOD _____ **ME UP**. (*Psalm 37:24b*)

- My security is in His _____, not my stride
- God’s presence is _____, not distant
- God _____ what He starts

Read *John 10:28,29*; *John 14:18*; *Romans 8:15*. How do these verses give you confidence to walk with God one step at a time?

My security is not in the strength of my stride, but the strength of God’s hand that will not let me go.

“He who began a good work in you will be faithful to complete it.” (Phil 1:6)

Repeat- “God has begun, something good, in me, and he, will finish it”

How do I live “One Step at a Time?”

Seek God daily

Ask God for the next step

Obey what he shows you

Refuse to bail

Seek progress, not perfection

THIS TIME TOMORROW

- What one step is God asking me to take with him today?
- With whom can I take that step?